



## FUNCTIONAL ASSESSMENT

**This form must be completed by a health care provider – a physician, registered nurse practitioner or naturopath ND.**

Dear Health Care Provider:

As part of the application process for Silvera for Seniors, a prospective resident is required to provide a current assessment of their ability to independently manage their daily living. The Functional Assessment may also be required in a case where it is believed a resident's needs may have changed over time.

The information requested in this form is to ensure that Silvera's supports and services align with the applicant's/resident's needs.

Please complete the questionnaire in full. Please be aware that Silvera communities are non-medical. Residents may access health supports through Alberta Health Services Home Care and/or through arrangements they have with private health providers.

**Thank you in advance for completing this questionnaire in its entirety, including signing the document.**

If you have any questions regarding the information contained in this section of our application, please feel free to contact Silvera's Community Living team at 403.567.5301.

## Consent to the Disclosure of Individual Identifying Health Information (Health Authority)

I, \_\_\_\_\_, authorize the attached Functional Assessment individually identifying myself to be disclosed by \_\_\_\_\_ in accordance with section 34 of the Health Information Act, to Silvera for Seniors, for the following purpose(s): Application & Admission Process or Eligibility Reassessment: I understand that this information will be kept confidential and will be used only in my best interests for assessing my health and social needs, for planning services to meet those needs, and for determining appropriate housing for me. I understand that under section 58 of the Health Information Act (HIA), my express wishes must be considered and I have the right to indicate any portion of my health information that I wish to be kept confidential by my Physician/Nurse Practitioner and not disclosed to others.

I understand the risks and/or benefits that are associated with disclosing or not disclosing my information. I release Silvera for Seniors, its employees and agents, from all claims which may arise as a result of the release of the information. This authorization shall be valid during the time in which I am an applicant and/or resident with Silvera for Seniors at any of their facilities and may only be terminated at an earlier date by myself in writing.

I am aware that I have the right to revoke a release of information to the above noted persons or organizations at any time in writing to Silvera for Seniors.

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Witness

\_\_\_\_\_  
Print Witness' Full Name

<b>CANCEL</b>	<b>Please complete this section only if you would like to cancel your consent.</b>
	I, _____, cancel this permission. I understand that some action may have been taken prior to cancellation.
	Applicant Signature: _____
	Witness: _____
	Date signed: _____ / _____ / _____ M D Y

<b>Applicant/Resident Information (please print)</b>	
Last Name:	First Name:
Date of birth:	Phone #:
Current Address:	
<b>Health Care Provider Information (please print)</b>	
Last Name:	First Name:
Clinic:	Phone #:
Address:	

How long has the applicant been under your care? \_\_\_\_\_

Does your patient have any respiratory concerns? Yes  No

If yes, please explain

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Does your patient have any gastrointestinal concerns? Yes  No

If yes, please explain

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Does your patient have any urinary and/or bowel concerns?

Yes  No

If yes, please explain

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Does your patient have any history of addictions that impact their health?

Yes  No

If yes, please explain

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Any chronic diseases which may cause incapacitation to the point of specialized care in the near future?

Yes  No

If yes, please explain

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Has your patient been hospitalized for a chronic condition in the past six months?

Yes  No

If yes, please explain

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Does your patient have any communicable diseases that would jeopardize the health of other vulnerable seniors living in the building? Yes  No

If yes, please explain

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Known allergies that our Housekeeping or Dining Services need to be made aware of? Does your patient have any dietary restrictions? (Please list)

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How is the patient's sight? Good  Impaired  Managed with vision aids

How is the patient's hearing? Good  Impaired  Managed with vision aids

How is the patient's speech? Good  Impaired  Managed with vision aids

Does the patient require any Aids to Daily Living? Yes  No

If yes, please choose the most suitable: Cane  Walker  Wheelchair   
Scooter  Other

Is the patient able to safely and accurately administer his/her own medication? Yes  No

Is the patient able to dress him/herself? Yes  No

Is the patient able to bathe/shower unassisted? Yes  No

Is the patient known to have falls issues?

Yes  No

If yes, please explain

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Is the patient known to have wandering issues or significant confusion?

Yes  No

If yes, please explain

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Does the patient show any signs of memory loss?

Yes  No

**If yes, please provide copy of MMSE or MOCA.**

If yes, please explain

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Has the patient been diagnosed with any mental health condition that may impair his/her ability to manage independently at present or in the near future?

Yes  No

If yes, please explain

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Has the patient been diagnosed with any physical condition that may impair his/her ability to manage independently at present or in the near future? Yes  No

If yes, please explain

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Is the patient currently receiving Home Care Support? Yes  No  Not applicable

If yes, please explain

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### **Housing Options at Silvera for Seniors**

Silvera offers a variety of housing options. All housing options are non-medical; that is, Silvera does not employ health care workers. Residents may have home care supports through AHS or a private provider.

#### ***Housing – Accommodation Only (self-contained seniors' apartment)***

Residents must be able to manage their daily needs and activities, including shopping, meal preparation, cleaning. There are no employees on site, although residents may have home care arrangements or other supports activated. Residents can access maintenance on call 24-hours/day and can access a Community Manager or Resident Support Coordinator (social worker) on business days. Is this patient capable of functioning independently in this setting?

Yes  No

If no, please explain

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***Housing with Full Services (private suite in a congregate site)***

Residents must be able to manage their daily needs and activities, within a congregate setting. Services provided include dining, weekly housekeeping, maintenance, active living programs, resident support team (social workers) and 24-hour employees on-site.

Is this patient capable of functioning independently in this setting?      Yes       No

If no, please explain

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Would the patient be more appropriately accommodated in a site with 24-hour health/medical support?      Yes       No

If yes, please explain

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**This assessment is valid for six (6) months only. The applicant/resident is responsible for notifying Silvera for Seniors if their health circumstances change, affecting the validity of this application.**

\_\_\_\_\_  
Health Care Provider Signature

**\*Physician, Registered Nurse Practitioner or  
Naturopath ND**

\_\_\_\_\_  
Date