



Aspen outbreak update 2 – Monday, August 30, 2021

This information is current as of August 30, 2021 at 12:54 p.m.

Hello Aspen residents and primary contacts,

Current status

The total number of active resident and employee cases of COVID-19 at Aspen remains at one. We will inform you if there is a change.

Category of case	Residents	Employees
Current active	1	0
Cumulative recovered	0	0

Alberta Health Services (AHS) has advised that residents are **not** required to isolate in their suites at this time. Please ensure you wear your mask anytime you are out of your suite and whenever anyone enters your suite for any reason. Continuing to wash and sanitize your hands is important, as is maintaining appropriate physical distance.

Programs will resume, for smaller groups

Active Aging group programs will resume, but groups will be smaller. All participants need to wear a mask and maintain physical distance. Individual activities will continue being offered.

Testing of residents and employees

We are waiting for AHS to determine the date for its testing of residents and employees. Once we have it from AHS, we will share it.

Actions underway

- Residents are expected to have temperature checks taken twice daily, monitor for symptoms and immediately report any to Reception.
- All outbreak protocols are activated. AHS screening procedures at the community's entrance and the AHS-designed daily health checks remain in place. All employees continue wearing medical-grade masks.
- The hair salon and tuck shop remain open.

- Outdoor and indoor visits can continue. Please contact Reception to schedule indoor visits.
- If you have an essential medical appointment scheduled, call the provider to say you are coming from a community in a confirmed outbreak.
- New admissions will occur upon approval from the Zone Medical Officer of Health.

Self-monitor and report symptoms

If you experience any of the following COVID-19-like symptoms, please advise an Aspen employee or call Reception at 403.265.2090.

• Fever	• Chills
• Cough	• Muscle/joint aches
• Shortness of breath/difficulty breathing	• Nausea/vomiting/diarrhea/unexplained loss of appetite
• Runny nose or sneezing	• Feeling unwell/fatigue/severe exhaustion
• Nasal congestion/stuffy nose	• Headache
• Hoarse voice	• Loss of sense of smell or taste
• Sore throat or painful swallowing	• Conjunctivitis/pink eye
• Difficulty swallowing	• Altered mental status

Unless there are changes, our next update will be Wednesday. Please contact me if you have questions in the meantime.

With thanks for your patience and cooperation,
 Vinod Nirwal, Aspen Community Assistant Manager (vnirwal@silvera.ca)