



Confirmed COVID-19 Outbreak declared at Aspen community

This information is current as of Sunday, August 29, 2021 at 3:21 p.m.

Hello Aspen residents and primary contacts,

I am writing to inform you that Aspen community is in a Confirmed COVID-19 Outbreak.

Outbreak declaration

This declaration was made earlier today by Alberta Health Services (AHS) because one resident has tested positive for COVID-19. At this time, no other employee or resident has tested positive for the virus, and **residents are not required to isolate in their suites.**

Please ensure you wear your mask anytime you are out of your suite and whenever anyone enters your suite for any reason. Continuing to handwash and sanitize is important, as is maintaining appropriate physical distance.

We remain grateful that public health authorities have such a low threshold for the definition of an outbreak.

Testing of residents and staff:

AHS has assessed that prevalent swab testing is required for all residents and employees. Once we have the schedule from AHS, we will share it in our next updates to the residents.

Actions underway

- Residents are now expected to have temperature checks taken twice daily, monitor and immediately report any symptoms to the reception.
- All outbreak protocols are activated; the AHS screening procedures at the community's entrance and the AHS-designed daily health checks remain in place; and all employees continue to wear medical-grade masks as a protection.

- Active Aging group programs are suspended. Individual activities will continue to be offered at this time.
- The hair salon and tuck shop will remain open.
- Outdoor and indoor visits can continue. Please contact Reception to schedule indoor visits.
- If you have an essential medical appointment scheduled, call the provider to say you are coming from a community in a confirmed outbreak.
- New admissions will occur upon approval from the Zone Medical Officer of Health.

Please self-monitor for symptoms

If you experience any of the following COVID-19-like symptoms, please advise an Aspen employee or call reception at 403.265.2090.

• Fever	• Chills
• Cough	• Muscle/joint aches
• Shortness of breath/difficulty breathing	• Nausea/vomiting/diarrhea/unexplained loss of appetite
• Runny nose or sneezing	• Feeling unwell/fatigue/severe exhaustion
• Nasal congestion/stuffy nose	• Headache
• Hoarse voice	• Loss of sense of smell or taste
• Sore throat or painful swallowing	• Conjunctivitis/pink eye
• Difficulty swallowing	• Altered mental status

Keeping you informed

Someone from community management will provide updates for the duration of the outbreak. Our next update will be tomorrow, Monday, August 30, 2021. Thank you for your understanding and cooperation.

Sincerely,

Vinod Nirwal, Aspen Community Assistant Manager (vnirwal@silvera.ca)