



Confirmed COVID-19 Outbreak declared at Bow Valley Community

This information is current as of Tuesday, Sept. 14, 2021 at 4:10p.m.

Hello, Bow Valley residents and primary contacts,

I am writing to inform you that Bow Valley community is in a Confirmed COVID-19 Outbreak.

Outbreak declaration

This declaration was made earlier today by Alberta Health Services (AHS) because one resident has tested positive for COVID-19. At this time, no other employee or resident has tested positive for the virus.

Please ensure you wear your mask anytime you are out of your suite and whenever anyone enters your suite for any reason. Continuing to handwash and sanitize is important, as is maintaining appropriate physical distance.

Isolations

Residents who have only received their first dose of the vaccine or who are not vaccinated have been directed by AHS to isolate.

Testing of residents and staff

AHS has assessed that prevalent swab testing is required for all residents and employees. Once we have the schedule from AHS, we will share it in our next updates to the residents.

Actions underway

- Residents are now expected to have temperature checks taken twice daily, monitor for and immediately report any symptoms to staff.
- All outbreak protocols are activated; the AHS screening procedures at the community's entrance and the AHS-designed daily health checks remain in place; and all employees continue to wear medical-grade masks as a protection.

- Active Aging group programs will continue to be offered with masking and physical distancing for the vaccinated residents.
- Please contact Reception to schedule indoor visits for the residents who don't have to isolate.
- If you have an essential medical appointment scheduled, call the provider to say you are coming from a community in a confirmed outbreak.
- New admissions will occur upon approval from the Zone Medical Officer of Health.

Please self-monitor for symptoms

If you experience any of the following COVID-19-like symptoms, please advise a Bow Valley employee or call Reception at 403.264.6455

• Fever	• Chills
• Cough	• Muscle/joint aches
• Shortness of breath/difficulty breathing	• Nausea/vomiting/diarrhea/unexplained loss of appetite
• Runny nose or sneezing	• Feeling unwell/fatigue/severe exhaustion
• Nasal congestion/stuffy nose	• Headache
• Hoarse voice	• Loss of sense of smell or taste
• Sore throat or painful swallowing	• Conjunctivitis/pink eye
• Difficulty swallowing	• Altered mental status

Keeping you informed

Someone from community management will provide updates for the duration of the outbreak. Our next update will be on Wednesday, Sept. 15, 2021. Thank you for your understanding and cooperation.

Sincerely,

Sandi Montford, Community Manager (smontford@silvera.ca)