



## **Confirmed COVID-19 Outbreak declared at Spruce community**

*This information is current as of Sept. 26, 2021 at 1:00pm*

To all Spruce residents and primary contacts

Hello,

I am writing to inform you that the Calgary Zone Medical Officer of Health (MOH) has declared Spruce community to be in a confirmed COVID-19 Outbreak because one employee has tested positive for COVID-19. At this time, no other employee or resident has tested positive for the virus.

Please ensure you wear your mask anytime you are out of your suite and whenever anyone enters your suite for any reason. Continuing to handwash and sanitize is important, as is maintaining appropriate physical distance.

### ***Isolations***

Residents are not required to isolate, however if a resident develops symptoms, then isolation is required for that resident and testing for COVID will be required.

### ***Testing of residents and employees***

Residents do not need to be tested and select staff members will be tested.

### ***Actions underway***

- Residents are now expected to complete the health screening assessment twice daily (we are currently working out this process), monitor for symptoms and immediately report them to a Silvera employee.
- All outbreak protocols are activated; the AHS screening procedures at the community's entrance remains in place; and all employees continue to wear medical-grade masks.

- Active Aging group programs will continue to be offered with masking and physical distancing.
- Visits are permitted and do not need to be scheduled. Masks must be worn by all parties during visits.

***Please self-monitor for symptoms***

If you experience any of the following COVID-19-like symptoms, please advise a Spruce employee or call Reception:

• Fever	• Chills
• Cough	• Muscle/joint aches
• Shortness of breath/difficulty breathing	• Nausea/vomiting/diarrhea/unexplained loss of appetite
• Runny nose or sneezing	• Feeling unwell/fatigue/severe exhaustion
• Nasal congestion/stuffy nose	• Headache
• Hoarse voice	• Loss of sense of smell or taste
• Sore throat or painful swallowing	• Conjunctivitis/pink eye
• Difficulty swallowing	• Altered mental status

***Keeping you informed***

Community management will provide updates for the duration of the outbreak. Thank you for your understanding and cooperation.

Best regards,

Peter Lawrence, Spruce Community Manager

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