



Spruce outbreak update 2 – Monday, Sept. 27, 2021

This information is current as of Sept. 27 at 3:45p.m.

Hello Spruce residents and primary contacts,

Current status

The total number of active resident and employee cases of COVID-19 at Spruce remains at one. We'll let you know if that number changes.

Outbreaks are both declared and lifted by the Calgary Zone Medical Officer of Health (MOH), which is part of Alberta Health Services. The MOH also determines the duration of the outbreak period depending on the situation at each community.

In this circumstance with an employee testing positive for COVID-19, the MOH has established a two-week outbreak period, which may be extended or lifted as the situation warrants.

Friendly reminders

- Masks are required for all residents and visitors when in common areas.
- Silvera strongly requests that all visitors be fully vaccinated. Vaccination status can be shown at the Reception desk during the health screening process. If you are unvaccinated, outdoor visits or virtual visits are the best option. Visitors and residents must wear masks during all visits.
- Outdoor and indoor visits can continue as usual.
- Smaller Active Aging group programs are still moving forward. Participants must wear masks and maintain the physical distance.
- If you have an essential medical appointment scheduled, inform the provider you are coming from a community in confirmed outbreak.
- There is no change to laundry schedules.
- Residents must self-screen twice daily to monitor for COVID-19 symptoms. Please immediately report any of the following symptoms to a Silvera employee, including new or worsening:
 - Fever
 - Cough

- Shortness of breath/difficulty breathing
- Runny nose or sneezing
- Nasal congestion/stuffy nose
- Sore throat/painful swallowing/difficulty swallowing
- Hoarse voice
- Chills
- Muscle/joint aches
- Nausea/vomiting/diarrhea/unexplained loss of appetite
- Feeling unwell/fatigue/severe exhaustion
- Headache
- Loss of sense of smell or taste
- Conjunctivitis/pink eye
- Altered mental status

Our next update will be on Wednesday unless there are changes before then. On behalf of the Spruce team, thank you for your cooperation.

Peter Lawrence, Spruce Community Manager (plawrence@silvera.ca)