



### **Spruce outbreak update 3 – Wednesday, Sept. 29, 2021**

*This information is current as of Sept. 29 at 12:12 p.m.*

Hello Spruce residents and primary contacts,

#### ***Current status***

The total number of active resident and employee cases of COVID-19 at Spruce remains at one. We'll let you know if that number changes.

<b>Category of case</b>	<b>Residents</b>	<b>Employees</b>
Current active	0	1
Cumulative recovered	0	0

We continue to take direction from Alberta Health Services in terms of outbreak status and isolation requirements.

#### ***Friendly reminders***

- Residents must self-screen twice daily to monitor for COVID-19 symptoms. Please report any of these symptoms to a Silvera employee:
  - Fever
  - Cough
  - Shortness of breath/difficulty breathing
  - Runny nose or sneezing
  - Nasal congestion/stuffy nose
  - Sore throat/painful swallowing/difficulty swallowing
  - Hoarse voice
  - Chills
  - Muscle/joint aches
  - Nausea/vomiting/diarrhea/unexplained loss of appetite
  - Feeling unwell/fatigue/severe exhaustion/altered mental state
  - Headache
  - Loss of sense of smell or taste
  - Conjunctivitis/pink eye

- Masks are required for residents and visitors when in common areas and during all visits.
- Outdoor and indoor visits can continue as usual.
- We strongly request that all visitors be fully vaccinated. Vaccination status can be shown at Reception during the health screening process. If you are unvaccinated, outdoor visits or virtual visits are the best options.
- Smaller Active Aging group programs are still moving forward. Participants must wear masks and maintain physical distance.
- If you have an essential medical appointment scheduled, inform the provider you are coming from a community in confirmed outbreak.
- There is no change to laundry schedules.

The next update will be on Friday unless there are changes before then.

Sincerely,

Peter Lawrence, Spruce Community Manager ([plawrence@silvera.ca](mailto:plawrence@silvera.ca))