



Spruce outbreak update 5 – Monday, Oct. 4, 2021

This information is current as of Oct. 4 at 10:00 a.m.

Hello Spruce residents and primary contacts,

Current status

The total number of active resident and employee cases of COVID-19 at Spruce is now zero. We are still considered in outbreak until otherwise notified by Alberta Health Services. We will inform you once that happens.

Category of case	Residents	Employees
Current active	0	0
Cumulative recovered	0	1

Daily reminders

- Residents must self-screen twice daily to monitor for COVID-19 symptoms. Please report any of these symptoms to a Silvera employee:
 - Fever
 - Cough
 - Shortness of breath/difficulty breathing
 - Runny nose or sneezing
 - Nasal congestion/stuffy nose
 - Sore throat/painful swallowing/difficulty swallowing
 - Hoarse voice
 - Chills
 - Muscle/joint aches
 - Nausea/vomiting/diarrhea/unexplained loss of appetite
 - Feeling unwell/fatigue/severe exhaustion/altered mental state
 - Headache
 - Loss of sense of smell or taste
 - Conjunctivitis/pink eye

- Masks are required for residents and visitors when in common areas and during all visits.
- Outdoor and indoor visits can continue as usual.
- We strongly request that all visitors be fully vaccinated. Vaccination status can be shown at Reception during the health screening process. If you are unvaccinated, outdoor visits or virtual visits are the best options.
- Smaller Active Aging group programs are still going ahead. Participants must wear masks and maintain physical distance.
- If you have an essential medical appointment scheduled, inform the provider you are coming from a community in confirmed outbreak.

Our next update will be on Wednesday unless there are any changes.

Thank you for your patience and cooperation.

Sincerely,

Peter Lawrence, Spruce Community Manager (plawrence@silvera.ca)