



**Aspen non-COVID outbreak declared**

*This information is current as of Jan. 4, 2022, 1:27 p.m.*

Hello Aspen residents and primary contacts,

Aspen has been declared in outbreak for a non-COVID virus that Alberta Health Services has identified as similar to a common cold. However, we do have residents who are displaying COVID-19 related symptoms and they are currently isolating to ensure the safety of everyone and limit a potential COVID-19 outbreak in the community.

Please self-monitor each day for any COVID-19-like symptoms, and report any symptoms to Reception.

• Fever	• Chills
• Cough	• Muscle/joint aches
• Shortness of breath/difficulty breathing	• Nausea/vomiting/diarrhea/unexplained loss of appetite
• Runny nose or sneezing	• Feeling unwell/fatigue/severe exhaustion
• Nasal congestion/stuffy nose	• Headache
• Hoarse voice	• Loss of sense of smell or taste
• Sore throat or painful swallowing	• Conjunctivitis/pink eye
• Difficulty swallowing	• Altered mental status

A few notes:

- The tuck shop remains open.
- Activities continue but are limited to 10 people with masks.
- Please wear masks outside of your suite as well as when anyone is inside your suite, including Silvera employees and health care aides. Additionally, please continue social distancing, practising hand hygiene, and limiting close contacts with others.

- Housekeeping is sanitizing three times each day in the suites of isolating residents. We continue enhanced cleaning throughout the community.
- Visitors are still permitted for non-isolating residents, with proof of vaccination.
- Residents may request rapid testing kits through local pharmacies. These tests are designed to be self-administered, so individuals must be capable of using the test and reading the results independently.

Alberta Health Services is currently extremely busy testing many Albertans who have displayed COVID-like symptoms. It can take several days to be tested and the wait times for results may be delayed as well. Thank you for your patience throughout this process as Silvera continues to implement the most robust outbreak prevention procedures possible to reduce the spread of the illness in our communities.

We will provide an update on Friday unless there are significant changes before then.

With thanks for your patience and cooperation,

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