

# Confirmed COVID-19 Outbreak declared at Valleyview community This information is current as of Sunday, May 1, 2022 at 1:48 p.m.

Hello Valleyview residents and primary contacts,

I am writing to inform you that Valleyview community is in a Confirmed COVID-19 Outbreak.

#### **Outbreak declaration**

This declaration was made earlier today by Alberta Health Services (AHS) because one or more residents have tested positive for COVID-19, **only symptomatic residents are required to isolate in their suites**.

Please ensure you wear your mask anytime you are out of your suite and whenever anyone enters your suite for any reason. Continuing to handwash and sanitize is important, as is maintaining appropriate physical distance.

We remain grateful that public health authorities have such a low threshold for the definition of an outbreak.

## Testing of residents and staff:

AHS has assessed that only symptomatic residents are being swabbed.

### **Actions underway**

- Residents are now expected to do screening checks taken twice daily, monitor and immediately report any symptoms to the reception with continuing care daily checklist.
- All outbreak protocols are activated; the AHS screening procedures at the community's entrance and the AHS-designed daily health checks remain in place; and all employees continue to wear medicalgrade masks and eye wear as a protection.
- Active Aging group programs continue to be offered with group not more than ten, masking at all times.

- Outdoor and indoor visits can continue. Please contact Reception to schedule indoor visits.
- If you have an essential medical appointment scheduled, call the provider to say you are coming from a community in a confirmed outbreak.
- New admissions, transfers will continue to occur.

#### Please self-monitor for symptoms

If you experience any of the following COVID-19-like symptoms, please advise an Valleyview employee or call reception at 403.248.1626.

• Fever	• Chills
• Cough	Muscle/joint aches
<ul> <li>Shortness of breath/difficulty breathing</li> </ul>	<ul> <li>Nausea/vomiting/diarrhea/ unexplained loss of appetite</li> </ul>
Runny nose or sneezing	<ul> <li>Feeling unwell/fatigue/severe exhaustion</li> </ul>
Nasal congestion/stuffy nose	Headache
Hoarse voice	Loss of sense of smell or taste
<ul> <li>Sore throat or painful swallowing</li> </ul>	Conjunctivitis/pink eye
Difficulty swallowing	Altered mental status

### Keeping you informed

Our next update will be tomorrow, Monday, May 2' 2022. Thank you for your understanding and cooperation.

Sincerely,
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