



### **What is a Silvera Care Day?**

A Silvera Care Day is a group volunteer project hosted by Silvera at one of our supportive or independent living communities.

### **What part of the city do Silvera Care Days take place?**

Silvera has communities in all quadrants of Calgary. We will work with your group to find a location convenient for you and your team.

### **How many people can volunteer?**

Silvera can accommodate volunteer projects for groups sized 6 – 50!

### **Who makes up a group?**

Typically, groups who participate in Silvera Care Days are from corporate Calgary. However, Silvera is happy to work with any group – friends who want to do a project together, families, faith communities, schools, university or college students, sports teams and community groups – like Scouts and Girl Guides.

If you have a group, we will find a project!

### **Who will Silvera Care Day volunteers do?**

There are two ways groups can get involved:

1. Working with our residents through a Life, Learning and Leisure program. Some past volunteer projects have included things like hosting a card tournament, organizing a themed pub night, scooping ice cream at an ice-cream social, participating in a game of bowling, making soup in our demonstration kitchen with our residents or coordinating a picnic in the park...just to name a few.
2. Working alongside our building operators helping with outside projects like gardening, painting or small landscape projects.

### **What will make a Silvera Care Day a success?**

A successful project requires Silvera and the partner (your group!) to work together to identify a good project and to ensure the details are taken care of.

When thinking about participating in a Silvera Care Day, here are some things we will ask of you:

- Who is the key contact? Will this person take on the role of being a Team Lead for the group?
- Who will we communicate with throughout the planning process?
- What date do you have in mind? If you are volunteering for an outside project, do you have a second choice of date should Mother Nature change the plans?
- How many people will be volunteering?
- What area of the city would work best for your group?
- How long will you want the project to be?
- Do you have a budget that will help cover some of the costs of the project?

### **What will Silvera for Seniors provide?**

- Work with your team to determine the project that best suits your group.
- Work with our Silvera team internally to develop a scope of work ensuring all supplies are on-site for the project.
- Conduct a health and safety assessment of the site and communicate it with your team.
- Provide a beverage station.
- Ensure your volunteers have a safe place to store their personal items during the project.
- Determine how to best promote your involvement using our social media – ensuring your group is tagged if desired.
- Conduct a ‘tailgate meeting’ before the project that outlines what will be done during the project, directing people to the required supplies, ensuring health and safety items are covered and sharing some information about Silvera and the work we do.